

# Résultats – Reg LD Camors du 05/02/2023

2023-05-02

Jaune		(10 / 10)	Temps	Après	Temps perdu		
1.	Naori MENARD	NAO	53:07		05:49		
	2:06 (2:06)	4:11 (8:52)	3:09 (12:01)		2:46 (14:47)		13:33 (28:20)
	7:04 (35:24)	1:42 (44:14)	2:51 (47:05)		1:39 (48:44)		1:54 (50:38)
	1:58 (52:36)	0:31 (53:07)					
2.	Adeline RITEAU	NAO	1:12:58	+19:51	15:31		
	3:25 (3:25)	9:56 (19:05)	3:18 (22:23)		3:19 (25:42)		12:03 (37:45)
	6:28 (44:13)	8:32 (1:02:30)	3:40 (1:06:10)		1:59 (1:08:09)		2:12 (1:10:21)
	1:51 (1:12:12)	0:46 (1:12:58)					
3.	Mathys PETITJEAN	Quimper 29	1:13:09	+20:02	20:35		
	3:21 (3:21)	5:06 (11:32)	7:02 (18:34)		5:31 (24:05)		9:20 (33:25)
	22:27 (55:52)	1:05 (1:03:20)	3:26 (1:06:46)		2:19 (1:09:05)		2:22 (1:11:27)
	1:06 (1:12:33)	0:36 (1:13:09)					
4.	Joël DELALANDE	CFCO	1:17:14	+24:07	14:26		
	3:43 (3:43)	6:53 (17:06)	4:50 (21:56)		4:24 (26:20)		9:50 (36:10)
	11:48 (47:58)	4:41 (59:51)	5:40 (1:05:31)		2:42 (1:08:13)		5:47 (1:14:00)
	2:01 (1:16:01)	1:13 (1:17:14)					
5.	Anne LECONTELLEC	Quimper 29	1:34:02	+40:55	20:54		
	4:56 (4:56)	10:36 (27:18)	5:57 (33:15)		3:11 (36:26)		11:57 (48:23)
	15:00 (1:03:23)	3:00 (1:15:52)	5:50 (1:21:42)		4:34 (1:26:16)		3:46 (1:30:02)
	2:17 (1:32:19)	1:43 (1:34:02)					
6.	Valérie BRUGNON	Quimper 29	1:44:47	+51:40	21:52		
	3:35 (3:35)	8:46 (16:04)	10:03 (26:07)		6:47 (32:54)		19:43 (52:37)
	13:09 (1:05:46)	8:10 (1:22:12)	5:38 (1:27:50)		6:44 (1:34:34)		4:57 (1:39:31)
	4:14 (1:43:45)	1:02 (1:44:47)					
7.	Bernard BRUGNON	Quimper 29	1:48:52	+55:45	20:27		
	4:02 (4:02)	9:55 (19:36)	10:24 (30:00)		7:03 (37:03)		19:39 (56:42)
	13:04 (1:09:46)	8:20 (1:26:08)	5:46 (1:31:54)		6:48 (1:38:42)		4:52 (1:43:34)
	4:06 (1:47:40)	1:12 (1:48:52)					
8.	Alain LE GAL	SAINT-BRIEUC OR	2:11:39	+78:32	33:43		
	5:47 (5:47)	9:33 (20:46)	8:31 (29:17)		12:18 (41:35)		16:30 (58:05)
	13:37 (1:11:42)	2:59 (1:26:27)	31:35 (1:58:02)		3:24 (2:01:26)		5:08 (2:06:34)
	3:01 (2:09:35)	2:04 (2:11:39)					
	Andrew BELDOWSKI	SAINT-BRIEUC OR	PM				
	9:25 (9:25)	38:29 (1:01:13)	15:59 (1:17:12)		7:55 (1:25:07)		– (–)
	– (1:49:50)	– (–)	– (–)		– (–)		– (2:10:23)
	7:28 (2:17:51)	4:40 (2:22:31)					
	Louis BENEITO	Quimper 29	PM				
	4:48 (4:48)	33:58 (41:49)	4:23 (46:12)		2:51 (49:03)		– (–)
	– (–)	– (1:18:23)	– (–)		– (–)		– (1:20:44)
	3:21 (1:24:05)	1:30 (1:25:35)					
Orange		(5 / 5)	Temps	Après	Temps perdu		
1.	Christophe GUEDAS	CRCO	1:08:22		07:02		
	4:32 (4:32)	6:09 (15:46)	3:03 (18:49)		3:24 (22:13)		7:48 (30:01)
	8:22 (38:23)	3:31 (57:52)	4:02 (1:01:54)		2:48 (1:04:42)		1:24 (1:06:06)
	1:35 (1:07:41)	0:41 (1:08:22)					
2.	Sarah PIERRE-KERANGUEVEN	CRCO	1:17:00	+8:38	08:30		
	5:11 (5:11)	7:01 (16:36)	4:15 (20:51)		3:24 (24:15)		7:11 (31:26)
	9:02 (40:28)	4:06 (1:00:15)	5:25 (1:05:40)		5:56 (1:11:36)		2:09 (1:13:45)
	2:08 (1:15:53)	1:07 (1:17:00)					
3.	Jérôme DURAND	NAO	1:26:46	+18:24	11:52		
	5:55 (5:55)	8:22 (19:13)	4:07 (23:20)		3:10 (26:30)		7:55 (34:25)
	11:42 (46:07)	3:42 (1:10:28)	8:21 (1:18:49)		3:41 (1:22:30)		1:48 (1:24:18)
	1:39 (1:25:57)	0:49 (1:26:46)					
4.	Léonie DAHIN	CRCO	1:29:05	+20:43	18:25		
	6:45 (6:45)	11:34 (23:41)	4:33 (28:14)		1:15 (29:29)		11:27 (40:56)
	16:02 (56:58)	4:07 (1:09:49)	7:16 (1:17:05)		7:22 (1:24:27)		1:47 (1:26:14)
	2:10 (1:28:24)	0:41 (1:29:05)					
5.	Johanna LE GALLIC	CRCO	1:29:13	+20:51	18:04		
	4:16 (4:16)	14:45 (26:19)	3:29 (29:48)		1:31 (31:19)		7:43 (39:02)
	12:15 (51:17)	7:06 (1:11:37)	10:56 (1:22:33)		2:25 (1:24:58)		1:46 (1:26:44)
	1:46 (1:28:30)	0:43 (1:29:13)					
Vert		(6 / 6)	Temps	Après	Temps perdu		
1.	Malo FRANGEUL	Quimper 29	22:15		01:33		
	3:28 (3:28)	1:46 (6:03)	1:39 (7:42)		2:33 (10:15)		2:18 (12:33)
	0:43 (13:16)	1:40 (16:14)	1:10 (17:24)		1:31 (18:55)		1:19 (20:14)
	1:25 (21:39)	0:36 (22:15)					
2.	Côme MOTTET	CRCO	23:53	+1:38	01:01		
	2:53 (2:53)	2:01 (5:56)	1:48 (7:44)		3:18 (11:02)		1:15 (12:17)
	1:05 (13:22)	2:09 (17:11)	1:09 (18:20)		1:43 (20:03)		1:23 (21:26)
	1:43 (23:09)	0:44 (23:53)					
3.	Noé DURAND	NAO	28:16	+6:01	04:06		

	2:36 (2:36)	0:57 (3:33)	2:52 (6:25)	4:30 (10:55)	2:35 (13:30)	2:03 (15:33)
	1:01 (16:34)	1:44 (18:18)	2:01 (20:19)	1:30 (21:49)	1:54 (23:43)	1:30 (25:13)
	2:03 (27:16)	1:00 (28:16)				
4.	Chloé PETITJEAN		Quimper 29	34:29 +12:14	10:59	
	3:24 (3:24)	1:40 (5:04)	10:00 (15:04)	4:35 (19:39)	2:44 (22:23)	1:52 (24:15)
	0:56 (25:11)	1:29 (26:40)	1:35 (28:15)	1:19 (29:34)	1:31 (31:05)	1:15 (32:20)
	1:32 (33:52)	0:37 (34:29)				
5.	Margot POGU CHERRIER		SAINT-BRIEUC OR	41:37 +19:22	04:51	
	6:28 (6:28)	1:21 (7:49)	3:39 (11:28)	2:51 (14:19)	3:41 (18:00)	4:17 (22:17)
	1:31 (23:48)	2:35 (26:23)	3:57 (30:20)	2:07 (32:27)	2:59 (35:26)	2:49 (38:15)
	2:37 (40:52)	0:45 (41:37)				
	Arlann MENARD		NAO	Aband.		
	8:14 (8:14)	1:08 (9:22)	3:28 (12:50)	6:39 (19:29)	9:18 (28:47)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)				
	<b>Violet court</b>		<b>(23 / 23)</b>	<b>Temps</b>	<b>Après</b>	<b>Temps perdu</b>
1.	Martin MOTTET		CRCO	28:32	01:47	
	1:34 (1:34)	1:09 (2:43)	2:12 (4:55)	4:10 (9:05)	1:38 (10:43)	1:50 (12:33)
	3:35 (16:08)	2:04 (18:12)	1:33 (19:45)	1:09 (20:54)	1:15 (22:09)	2:14 (24:23)
	2:43 (27:06)	0:51 (27:57)	0:35 (28:32)			
2.	André LE GALLIC		CRCO	42:10 +13:38	02:50	
	2:18 (2:18)	1:18 (3:36)	2:57 (6:33)	6:21 (12:54)	2:12 (15:06)	1:59 (17:05)
	5:55 (23:00)	3:16 (26:16)	3:57 (30:13)	1:39 (31:52)	2:04 (33:56)	2:47 (36:43)
	3:44 (40:27)	1:03 (41:30)	0:40 (42:10)			
3.	Eric RAVENET		SAINT-BRIEUC OR	44:19 +15:47	01:05	
	2:14 (2:14)	1:37 (3:51)	3:17 (7:08)	6:59 (14:07)	2:07 (16:14)	2:37 (18:51)
	5:35 (24:26)	3:33 (27:59)	2:21 (30:20)	1:54 (32:14)	1:58 (34:12)	3:38 (37:50)
	4:35 (42:25)	1:13 (43:38)	0:41 (44:19)			
4.	Pauline ENDRESS		CRCO	45:05 +16:33	04:24	
	2:23 (2:23)	2:19 (4:42)	4:04 (8:46)	6:15 (15:01)	3:01 (18:02)	2:28 (20:30)
	4:28 (24:58)	3:03 (28:01)	2:24 (30:25)	1:40 (32:05)	1:52 (33:57)	4:54 (38:51)
	4:15 (43:06)	1:12 (44:18)	0:47 (45:05)			
5.	Fabrice CONIEL		COL	49:19 +20:47	00:00	
	2:46 (2:46)	1:50 (4:36)	4:03 (8:39)	7:03 (15:42)	2:19 (18:01)	2:47 (20:48)
	5:55 (26:43)	3:40 (30:23)	3:04 (33:27)	1:56 (35:23)	2:12 (37:35)	4:02 (41:37)
	5:16 (46:53)	1:28 (48:21)	0:58 (49:19)			
6.	Gilles KERANGUEVEN		CRCO	51:16 +22:44	02:18	
	2:46 (2:46)	1:59 (4:45)	4:06 (8:51)	6:39 (15:30)	3:02 (18:32)	2:18 (20:50)
	7:10 (28:00)	3:22 (31:22)	2:49 (34:11)	1:53 (36:04)	2:22 (38:26)	4:29 (42:55)
	5:49 (48:44)	1:39 (50:23)	0:53 (51:16)			
7.	Chloé LE TOUZIC		COL	52:05 +23:33	01:40	
	3:20 (3:20)	1:48 (5:08)	4:36 (9:44)	7:31 (17:15)	2:43 (19:58)	2:56 (22:54)
	6:19 (29:13)	3:20 (32:33)	3:24 (35:57)	2:10 (38:07)	2:26 (40:33)	4:11 (44:44)
	5:14 (49:58)	1:23 (51:21)	0:44 (52:05)			
8.	Emilie POGU		SAINT-BRIEUC OR	55:51 +27:19	06:31	
	2:55 (2:55)	1:24 (4:19)	3:41 (8:00)	8:03 (16:03)	7:21 (23:24)	3:09 (26:33)
	6:27 (33:00)	3:17 (36:17)	3:13 (39:30)	2:09 (41:39)	2:07 (43:46)	4:10 (47:56)
	5:46 (53:42)	1:21 (55:03)	0:48 (55:51)			
9.	Pierre-Marie VERGE		NAO	58:30 +29:58	05:55	
	2:44 (2:44)	2:11 (4:55)	4:35 (9:30)	7:13 (16:43)	3:21 (20:04)	3:00 (23:04)
	11:46 (34:50)	3:37 (38:27)	2:44 (41:11)	2:23 (43:34)	2:27 (46:01)	4:09 (50:10)
	5:12 (55:22)	2:22 (57:44)	0:46 (58:30)			
10.	Anne CONIEL		COL	1:00:26 +31:54	00:00	
	3:38 (3:38)	2:10 (5:48)	4:39 (10:27)	8:46 (19:13)	3:31 (22:44)	3:28 (26:12)
	7:08 (33:20)	4:13 (37:33)	3:36 (41:09)	2:30 (43:39)	2:58 (46:37)	5:09 (51:46)
	5:50 (57:36)	1:41 (59:17)	1:09 (1:00:26)			
11.	Virginie MARTIN		Quimper 29	1:00:29 +31:57	04:57	
	3:05 (3:05)	2:04 (5:09)	4:25 (9:34)	8:19 (17:53)	3:56 (21:49)	3:55 (25:44)
	6:00 (31:44)	4:25 (36:09)	3:14 (39:23)	2:54 (42:17)	2:36 (44:53)	4:54 (49:47)
	8:34 (58:21)	1:25 (59:46)	0:43 (1:00:29)			
12.	Nicolas CHERRIER		SAINT-BRIEUC OR	1:02:00 +33:28	05:01	
	3:06 (3:06)	2:00 (5:06)	4:47 (9:53)	7:55 (17:48)	4:01 (21:49)	3:25 (25:14)
	10:53 (36:07)	3:44 (39:51)	3:30 (43:21)	2:46 (46:07)	2:32 (48:39)	4:44 (53:23)
	6:15 (59:38)	1:40 (1:01:18)	0:42 (1:02:00)			
13.	Etienne HAMEAU		O53	1:02:10 +33:38	09:28	
	2:36 (2:36)	1:47 (4:23)	4:16 (8:39)	8:33 (17:12)	7:26 (24:38)	2:53 (27:31)
	6:48 (34:19)	8:58 (43:17)	2:41 (45:58)	2:01 (47:59)	2:22 (50:21)	4:15 (54:36)
	5:25 (1:00:01)	1:23 (1:01:24)	0:46 (1:02:10)			
14.	Gilles TOULLELAN		Pass'Compet	1:02:49 +34:17	15:40	
	7:11 (7:11)	1:50 (9:01)	3:37 (12:38)	6:45 (19:23)	2:54 (22:17)	12:57 (35:14)
	6:44 (41:58)	3:49 (45:47)	2:20 (48:07)	2:04 (50:11)	1:29 (51:40)	3:31 (55:11)
	5:35 (1:00:46)	1:21 (1:02:07)	0:42 (1:02:49)			
15.	Roger ELLEOUET		COL	1:08:36 +40:04	05:29	
	3:32 (3:32)	2:16 (5:48)	5:21 (11:09)	11:40 (22:49)	3:31 (26:20)	4:33 (30:53)
	7:17 (38:10)	4:46 (42:56)	4:26 (47:22)	4:01 (51:23)	2:49 (54:12)	5:16 (59:28)
	6:42 (1:06:10)	1:36 (1:07:46)	0:50 (1:08:36)			
16.	Hervé CABON		INDIVIDUEL	1:10:17 +41:45	10:08	
	4:55 (4:55)	1:41 (6:36)	6:35 (13:11)	11:16 (24:27)	4:29 (28:56)	4:01 (32:57)
	6:52 (39:49)	4:23 (44:12)	3:15 (47:27)	2:23 (49:50)	2:46 (52:36)	8:14 (1:00:50)
	6:52 (1:07:42)	1:50 (1:09:32)	0:45 (1:10:17)			

17.	Jean-Claude JEQUEL	NAO	1:12:13	+43:41	10:52		
	7:28 (7:28)	2:10 (9:38)	6:40 (16:18)	11:45 (28:03)		2:47 (30:50)	3:43 (34:33)
	7:00 (41:33)	5:14 (46:47)	3:28 (50:15)	3:35 (53:50)		2:44 (56:34)	4:48 (1:01:22)
	8:31 (1:09:53)	1:34 (1:11:27)	0:46 (1:12:13)				
18.	Pierre-Louis ALLANIC	Quimper 29	1:16:20	+47:48	32:13		
	2:31 (2:31)	1:57 (4:28)	3:43 (8:11)	5:50 (14:01)		16:25 (30:26)	1:39 (32:05)
	18:37 (50:42)	2:59 (53:41)	2:23 (56:04)	1:54 (57:58)		1:42 (59:40)	4:46 (1:04:26)
	10:17 (1:14:43)	0:57 (1:15:40)	0:40 (1:16:20)				
19.	Gaëlle LE NAOUR	Quimper 29	1:17:29	+48:57	16:36		
	3:54 (3:54)	1:41 (5:35)	5:05 (10:40)	19:42 (30:22)		2:30 (32:52)	3:24 (36:16)
	13:49 (50:05)	3:41 (53:46)	3:50 (57:36)	2:05 (59:41)		3:11 (1:02:52)	4:52 (1:07:44)
	7:20 (1:15:04)	1:30 (1:16:34)	0:55 (1:17:29)				
20.	Marlène LE GUEN	Quimper 29	1:31:14	+62:42	06:21		
	3:28 (3:28)	2:09 (5:37)	7:30 (13:07)	13:49 (26:56)		4:41 (31:37)	6:00 (37:37)
	11:16 (48:53)	7:17 (56:10)	5:10 (1:01:20)	3:28 (1:04:48)		3:42 (1:08:30)	9:31 (1:18:01)
	9:53 (1:27:54)	2:02 (1:29:56)	1:18 (1:31:14)				
21.	Francoise FRANTZ	Quimper 29	2:00:17	+91:45	23:13		
	5:43 (5:43)	2:52 (8:35)	8:49 (17:24)	13:12 (30:36)		5:50 (36:26)	6:31 (42:57)
	33:14 (1:16:11)	8:05 (1:24:16)	4:22 (1:28:38)	4:28 (1:33:06)		4:29 (1:37:35)	6:31 (1:44:06)
	11:43 (1:55:49)	2:46 (1:58:35)	1:42 (2:00:17)				
22.	Monique CABON	INDIVIDUEL	2:06:22	+97:50	24:12		
	5:50 (5:50)	4:40 (10:30)	12:45 (23:15)	12:57 (36:12)		6:07 (42:19)	6:15 (48:34)
	33:38 (1:22:12)	7:46 (1:29:58)	4:53 (1:34:51)	4:07 (1:38:58)		4:19 (1:43:17)	7:00 (1:50:17)
	11:32 (2:01:49)	2:48 (2:04:37)	1:45 (2:06:22)				
23.	Joelle BRANGER	Quimper 29	2:09:40	+101:08	18:19		
	5:58 (5:58)	6:09 (12:07)	9:18 (21:25)	17:41 (39:06)		5:48 (44:54)	7:01 (51:55)
	12:00 (1:03:55)	9:27 (1:13:22)	10:59 (1:24:21)	12:20 (1:36:41)		4:45 (1:41:26)	10:47 (1:52:13)
	13:07 (2:05:20)	2:35 (2:07:55)	1:45 (2:09:40)				

Violet long		(9 / 9)	Temps	Après	Temps perdu		
1.	Aurelien SOSSON	Quimper 29	1:07:00		02:31		
	2:30 (2:30)	1:32 (4:02)	7:41 (11:43)	1:21 (13:04)	1:14 (14:18)	2:47 (17:05)	
	4:43 (21:48)	1:05 (22:53)	3:20 (26:13)	1:00 (27:13)	2:31 (29:44)	1:31 (31:15)	
	2:32 (33:47)	0:52 (34:39)	12:36 (47:15)	1:22 (48:37)	6:31 (55:08)	1:22 (56:30)	
	1:31 (58:01)	1:06 (59:07)	3:38 (1:02:45)	2:59 (1:05:44)	0:47 (1:06:31)	0:29 (1:07:00)	
2.	Kévin THURIOT	CRCO	1:09:56	+2:56	00:49		
	3:04 (3:04)	1:46 (4:50)	9:21 (14:11)	1:30 (15:41)	1:12 (16:53)	1:53 (18:46)	
	4:54 (23:40)	1:01 (24:41)	3:23 (28:04)	1:39 (29:43)	2:38 (32:21)	1:51 (34:12)	
	2:16 (36:28)	0:50 (37:18)	13:02 (50:20)	1:57 (52:17)	4:54 (57:11)	1:39 (58:50)	
	1:40 (1:00:30)	1:13 (1:01:43)	3:37 (1:05:20)	3:07 (1:08:27)	0:52 (1:09:19)	0:37 (1:09:56)	
3.	Thierry PORRET	CRCO	1:22:13	+15:13	03:38		
	3:05 (3:05)	2:03 (5:08)	9:07 (14:15)	1:39 (15:54)	1:15 (17:09)	2:50 (19:59)	
	6:00 (25:59)	1:02 (27:01)	4:30 (31:31)	1:11 (32:42)	4:04 (36:46)	2:02 (38:48)	
	2:57 (41:45)	2:29 (44:14)	15:47 (1:00:01)	1:50 (1:01:51)	5:12 (1:07:03)	2:00 (1:09:03)	
	2:28 (1:11:31)	1:26 (1:12:57)	4:16 (1:17:13)	3:28 (1:20:41)	0:57 (1:21:38)	0:35 (1:22:13)	
4.	Guillaume PERRAULT	Quimper 29	1:23:27	+16:27	04:22		
	3:52 (3:52)	1:48 (5:40)	9:36 (15:16)	1:45 (17:01)	1:19 (18:20)	2:04 (20:24)	
	6:36 (27:00)	1:10 (28:10)	3:56 (32:06)	1:12 (33:18)	4:16 (37:34)	2:03 (39:37)	
	2:35 (42:12)	1:17 (43:29)	15:47 (59:16)	1:45 (1:01:01)	5:47 (1:06:48)	1:34 (1:08:22)	
	2:21 (1:10:43)	1:17 (1:12:00)	4:21 (1:16:21)	3:19 (1:19:40)	3:07 (1:22:47)	0:40 (1:23:27)	
5.	Bruno MAES	COL	1:25:39	+18:39	02:02		
	3:45 (3:45)	2:49 (6:34)	10:24 (16:58)	1:51 (18:49)	1:37 (20:26)	3:36 (24:02)	
	5:56 (29:58)	1:06 (31:04)	4:30 (35:34)	1:18 (36:52)	3:03 (39:55)	1:59 (41:54)	
	2:21 (44:15)	1:16 (45:31)	15:06 (1:00:37)	2:17 (1:02:54)	5:58 (1:08:52)	2:05 (1:10:57)	
	2:13 (1:13:10)	1:45 (1:14:55)	4:54 (1:19:49)	4:01 (1:23:50)	1:06 (1:24:56)	0:43 (1:25:39)	
6.	Bertrand LECONTELLE	Quimper 29	1:44:40	+37:40	13:47		
	4:43 (4:43)	2:12 (6:55)	12:46 (19:41)	1:46 (21:27)	2:20 (23:47)	3:50 (27:37)	
	6:14 (33:51)	1:09 (35:00)	4:46 (39:46)	1:08 (40:54)	3:15 (44:09)	1:48 (45:57)	
	2:34 (48:31)	1:02 (49:33)	16:52 (1:06:25)	2:12 (1:08:37)	6:49 (1:15:26)	2:05 (1:17:31)	
	2:22 (1:19:53)	5:15 (1:25:08)	12:43 (1:37:51)	4:28 (1:42:19)	1:40 (1:43:59)	0:41 (1:44:40)	
7.	Guillaume PLOUZENNEC	Quimper 29	1:48:04	+41:04	07:38		
	4:23 (4:23)	2:35 (6:58)	11:27 (18:25)	1:50 (20:15)	3:10 (23:25)	2:59 (26:24)	
	6:49 (33:13)	1:21 (34:34)	4:53 (39:27)	1:24 (40:51)	4:31 (45:22)	2:24 (47:46)	
	3:34 (51:20)	2:02 (53:22)	19:42 (1:13:04)	2:55 (1:15:59)	6:14 (1:22:13)	2:10 (1:24:23)	
	7:00 (1:31:23)	2:31 (1:33:54)	6:52 (1:40:46)	5:13 (1:45:59)	1:14 (1:47:13)	0:51 (1:48:04)	
8.	Guillaume GOURLE	NAO	2:23:21	+76:21	26:28		
	7:28 (7:28)	2:46 (10:14)	11:47 (22:01)	2:22 (24:23)	1:50 (26:13)	6:35 (32:48)	
	11:16 (44:04)	1:20 (45:24)	6:48 (52:12)	1:39 (53:51)	5:33 (59:24)	2:16 (1:01:40)	
	6:26 (1:08:06)	2:12 (1:10:18)	21:54 (1:32:12)	6:02 (1:38:14)	18:51 (1:57:05)	4:06 (2:01:11)	
	2:51 (2:04:02)	2:38 (2:06:40)	6:48 (2:13:28)	6:12 (2:19:40)	3:01 (2:22:41)	0:40 (2:23:21)	
9.	Byron HAWKINS	CRCO	2:23:57	+76:57	14:16		
	5:30 (5:30)	4:23 (9:53)	15:27 (25:20)	2:58 (28:18)	2:58 (31:16)	5:57 (37:13)	
	7:59 (45:12)	3:13 (48:25)	10:59 (59:24)	2:07 (1:01:31)	5:47 (1:07:18)	3:38 (1:10:56)	
	3:23 (1:14:19)	2:08 (1:16:27)	23:17 (1:39:44)	4:40 (1:44:24)	13:59 (1:58:23)	2:59 (2:01:22)	
	3:59 (2:05:21)	3:08 (2:08:29)	6:15 (2:14:44)	6:25 (2:21:09)	1:52 (2:23:01)	0:56 (2:23:57)	

Violet moyen		(17 / 17)	Temps	Après	Temps perdu		
1.	Emmanuel ROULLAND	CRCO	1:04:53		01:05		
	3:03 (3:03)	3:01 (6:04)	8:33 (14:37)	2:24 (17:01)	1:54 (18:55)	5:31 (24:26)	
	4:30 (28:56)	4:52 (33:48)	8:11 (41:59)	4:09 (46:08)	5:38 (51:46)	2:08 (53:54)	
	1:37 (55:31)	3:19 (58:50)	3:02 (1:01:52)	1:25 (1:03:17)	0:59 (1:04:16)	0:37 (1:04:53)	

2.	Laurent VALOIS	CRCO	1:06:02	+1:09	00:46		
	3:01 (3:01)	2:51 (5:52)	9:02 (14:54)	2:35 (17:29)	1:42 (19:11)	5:43 (24:54)	
	5:31 (30:25)	3:22 (33:47)	9:00 (42:47)	4:08 (46:55)	6:05 (53:00)	2:18 (55:18)	
	2:06 (57:24)	3:05 (1:00:29)	2:09 (1:02:38)	1:35 (1:04:13)	0:59 (1:05:12)	0:50 (1:06:02)	
3.	Olivier FRANGEUL	Quimper 29	1:10:03	+5:10	01:45		
	2:44 (2:44)	2:16 (5:00)	11:03 (16:03)	2:17 (18:20)	1:26 (19:46)	6:12 (25:58)	
	5:39 (31:37)	4:08 (35:45)	8:25 (44:10)	4:41 (48:51)	6:46 (55:37)	2:26 (58:03)	
	2:01 (1:00:04)	3:20 (1:03:24)	2:42 (1:06:06)	1:51 (1:07:57)	1:14 (1:09:11)	0:52 (1:10:03)	
4.	Mathieu POTTIER	CRCO	1:12:10	+7:17	00:51		
	3:10 (3:10)	2:54 (6:04)	9:36 (15:40)	2:39 (18:19)	1:45 (20:04)	6:23 (26:27)	
	5:18 (31:45)	4:01 (35:46)	8:56 (44:42)	4:51 (49:33)	7:09 (56:42)	3:09 (59:51)	
	2:00 (1:01:51)	3:27 (1:05:18)	3:01 (1:08:19)	2:02 (1:10:21)	1:11 (1:11:32)	0:38 (1:12:10)	
5.	Olivier BOURGOIN	CRCO	1:13:32	+8:39	04:38		
	3:39 (3:39)	3:11 (6:50)	9:22 (16:12)	4:36 (20:48)	1:41 (22:29)	5:35 (28:04)	
	5:09 (33:13)	3:58 (37:11)	8:33 (45:44)	6:15 (51:59)	7:31 (59:30)	2:40 (1:02:10)	
	1:45 (1:03:55)	3:11 (1:07:06)	2:38 (1:09:44)	1:56 (1:11:40)	1:18 (1:12:58)	0:34 (1:13:32)	
6.	Hélène POLASKOVA-MENARD	NAO	1:15:41	+10:48	02:21		
	3:19 (3:19)	3:39 (6:58)	11:37 (18:35)	2:41 (21:16)	1:47 (23:03)	5:41 (28:44)	
	6:33 (35:17)	4:25 (39:42)	9:16 (48:58)	4:38 (53:36)	7:28 (1:01:04)	2:12 (1:03:16)	
	1:50 (1:05:06)	3:34 (1:08:40)	3:13 (1:11:53)	1:51 (1:13:44)	1:17 (1:15:01)	0:40 (1:15:41)	
7.	Herve PETITJEAN	Quimper 29	1:21:19	+16:26	02:59		
	3:20 (3:20)	3:46 (7:06)	11:02 (18:08)	2:51 (20:59)	1:50 (22:49)	6:39 (29:28)	
	6:50 (36:18)	5:39 (41:57)	11:12 (53:09)	5:57 (59:06)	8:14 (1:07:20)	2:03 (1:09:23)	
	2:04 (1:11:27)	3:30 (1:14:57)	2:46 (1:17:43)	1:41 (1:19:24)	1:14 (1:20:38)	0:41 (1:21:19)	
8.	Jean-Philippe CHESNAIS	Dinan CO	1:24:42	+19:49	05:17		
	4:16 (4:16)	4:17 (8:33)	12:30 (21:03)	3:14 (24:17)	1:55 (26:12)	6:26 (32:38)	
	6:26 (39:04)	4:05 (43:09)	9:45 (52:54)	5:01 (57:55)	8:08 (1:06:03)	4:04 (1:10:07)	
	2:39 (1:12:46)	2:51 (1:15:37)	3:18 (1:18:55)	2:20 (1:21:15)	2:35 (1:23:50)	0:52 (1:24:42)	
9.	Jean DURRMANN	SAINT-BRIEUC OR	1:27:35	+22:42	11:04		
	3:04 (3:04)	3:29 (6:33)	12:48 (19:21)	2:57 (22:18)	6:07 (28:25)	6:52 (35:17)	
	5:48 (41:05)	4:21 (45:26)	9:52 (55:18)	5:32 (1:00:50)	12:27 (1:13:17)	2:24 (1:15:41)	
	2:03 (1:17:44)	3:23 (1:21:07)	2:33 (1:23:40)	2:04 (1:25:44)	1:09 (1:26:53)	0:42 (1:27:35)	
10.	Patrice LE GARFF	COL	1:29:15	+24:22	11:41		
	3:22 (3:22)	3:35 (6:57)	10:24 (17:21)	2:38 (19:59)	1:58 (21:57)	14:38 (36:35)	
	5:21 (41:56)	4:43 (46:39)	10:56 (57:35)	4:41 (1:02:16)	10:28 (1:12:44)	2:52 (1:15:36)	
	2:04 (1:17:40)	4:10 (1:21:50)	3:03 (1:24:53)	1:58 (1:26:51)	1:41 (1:28:32)	0:43 (1:29:15)	
11.	Stéphane VOLANT	Quimper 29	1:29:48	+24:55	18:55		
	2:57 (2:57)	3:11 (6:08)	11:00 (17:08)	9:18 (26:26)	1:16 (27:42)	5:54 (33:36)	
	5:38 (39:14)	12:18 (51:32)	8:32 (1:00:04)	4:57 (1:05:01)	10:43 (1:15:44)	2:59 (1:18:43)	
	2:03 (1:20:46)	3:22 (1:24:08)	2:31 (1:26:39)	1:30 (1:28:09)	0:57 (1:29:06)	0:42 (1:29:48)	
12.	Pascal DAHIN	CRCO	1:31:35	+26:42	07:22		
	3:27 (3:27)	3:26 (6:53)	11:31 (18:24)	3:16 (21:40)	1:46 (23:26)	7:12 (30:38)	
	8:21 (38:59)	8:07 (47:06)	11:53 (58:59)	7:20 (1:06:19)	8:59 (1:15:18)	3:03 (1:18:21)	
	2:08 (1:20:29)	3:49 (1:24:18)	3:02 (1:27:20)	2:13 (1:29:33)	1:21 (1:30:54)	0:41 (1:31:35)	
13.	Gilles LE TOUZIC	COL	1:35:30	+30:37	14:57		
	3:45 (3:45)	3:22 (7:07)	12:13 (19:20)	3:52 (23:12)	1:30 (24:42)	7:05 (31:47)	
	7:38 (39:25)	4:08 (43:33)	9:17 (52:50)	5:03 (57:53)	20:48 (1:18:41)	3:45 (1:22:26)	
	2:35 (1:25:01)	3:42 (1:28:43)	2:59 (1:31:42)	1:47 (1:33:29)	1:14 (1:34:43)	0:47 (1:35:30)	
14.	Arnaud CAILLIBOT	COL	1:36:40	+31:47	10:30		
	3:37 (3:37)	4:14 (7:51)	11:48 (19:39)	3:27 (23:06)	2:00 (25:06)	7:49 (32:55)	
	11:27 (44:22)	4:24 (48:46)	11:02 (59:48)	10:22 (1:10:10)	9:54 (1:20:04)	2:43 (1:22:47)	
	2:19 (1:25:06)	4:04 (1:29:10)	3:20 (1:32:30)	2:07 (1:34:37)	1:22 (1:35:59)	0:41 (1:36:40)	
15.	Regis BAILLET	Quimper 29	1:37:19	+32:26	08:00		
	3:38 (3:38)	3:16 (6:54)	12:15 (19:09)	3:15 (22:24)	2:05 (24:29)	10:18 (34:47)	
	7:01 (41:48)	5:38 (47:26)	11:01 (58:27)	6:41 (1:05:08)	10:10 (1:15:18)	4:24 (1:19:42)	
	3:22 (1:23:04)	4:43 (1:27:47)	3:26 (1:31:13)	2:18 (1:33:31)	2:57 (1:36:28)	0:51 (1:37:19)	
16.	Gilles BRANGER	Quimper 29	2:15:43	+70:50	31:36		
	4:36 (4:36)	5:39 (10:15)	13:32 (23:47)	5:43 (29:30)	2:58 (32:28)	10:26 (42:54)	
	7:43 (50:37)	5:14 (55:51)	12:11 (1:08:02)	6:36 (1:14:38)	12:17 (1:26:55)	29:20 (1:56:15)	
	2:52 (1:59:07)	6:24 (2:05:31)	4:01 (2:09:32)	2:31 (2:12:03)	2:29 (2:14:32)	1:11 (2:15:43)	
	Karine MAES	COL	PM				
	4:58 (4:58)	3:32 (8:30)	14:45 (23:15)	5:28 (28:43)	2:13 (30:56)	7:37 (38:33)	
	6:35 (45:08)	5:07 (50:15)	12:53 (1:03:08)	5:47 (1:08:55)	- (-)	- (1:14:40)	
	2:44 (1:17:24)	3:54 (1:21:18)	3:16 (1:24:34)	2:17 (1:26:51)	1:28 (1:28:19)	0:46 (1:29:05)	